

• Definition

## Distribution is the the API's movement to the tissues from the sytemic circulation.

- Distribution is influenced by
  - Permeability of capillaries
  - Perfusion of tissues, speed of perfusion
  - Protein binding of API's
  - Differences in local pH
  - Type of transport mechanisms
  - Permeability of different membranes

- Characteristics
  - API's can accumulate in different amount in different organs, tissues
  - Selective accumulation depends on the histological and chemical construction of the tissues and the blood perfusion of the tissue

Characteristics

- Inner wall (endothel) of capillaries' (excepting CNS's endothel) construction is loose, API's of definite MW can filtrate through its pores into the interstitial space.
- Permeability of capillaries especially in the liver and kidneys is high.

Characteristics

Speed of distribution



- Speed of equilibrium is different in different tissues
  - Central compartment (heart, liver, lungs, kidneys)
  - Peripheral compartment (muscle, skin, fat)
  - Deep peripheral compartment (bones)

# Volume of distribution







## Water compartments

Water content of the body: 60% In case of a 70 kg person there is 42 I water



## Volume of distribution

- API first moves into the systemic circulation during the absorption.
- During the final equilibrium of the API, it disspates in the body's different tissues/organs, which volume together is the volume of distribution (V<sub>d</sub>).

## Volume of distribution

• Volume of distribution is not necessarily related with the borders of tissues or organs.

### **Calculation of volume of distribution (V<sub>d</sub>)**



V<sub>d</sub> virtual volume of distribution
D administered dose
C measured API concentration

Place of the measurement (C) is usually the vascular compartment (veins).

### **Volume of distribution**

#### Protein binding model

API's bound to the plasm proteins are practically invisible for the body.



## Volume of distribution

- $-V_d$  depends on the
  - Body weight
  - Body composition (fat, muscle, etc.)
  - Physico-chemical properties of the API
    - » pK<sub>a</sub>, MW, solubility
  - Tissue protein binding
  - Plasm protein binding

#### Volume of distribution (litre) 70 kg person

API	V (litre)	Notes
Warfarine	7	Small Vd.
Sulfisoxazole	11,2	Mainly plasm, few
Gentamycine	16	amount in tissues.
Teophylline	35	Medium Vd.
Cimetidine	140	Same amount in plasm
Diazepam	170	and tissues.
Digoxine	490	Great Vd.
Mianserine	910	Mainly in tissues, few in
Quinacrine	50000	plasm.

- Characteristics
  - API's bind to the plasm proteins in a reversible way. The most important plasm proteins are:
    - » albumine,
    - » globulines,
    - » ceruloplasmine,
    - » glycoproteins,
    - » alpha- and beta-lipoproteins,
    - » transferrine



#### Pharmacokinetics Absorption

Dose: **50 mg** coated tablet is taken, then in 20-60 minutes:

Plasma concentration max: **3,8 µmol/l 50%** - first pass effect

Diclofenac's 99,7% binds to plasm proteins!



•Tight junctions

#### **Blood-brain barrier:**

- antibiotics in case of meningitis
- dopamin administration in parkinsonism





- DMSO accelerates penetration
- hiperosmolar concentration Application of mannitol to increase methotrexat penetration
  - using prodrugs, like dihdropiridine carrier





#### Drugs applied during the pregnancy can harm the embryo.







High lipid solubility helps the penetration through the placenta:

- sulphonamides, barbiturates narcotics, analgesics, steroids



## Well-known teratogen APIs

- Thalidomide (1956) against flu' and as a sedative agent
- Teratogen side effect was discovered in 1960 (limb reduction, GI and CV disorders)

## Well-known teratogen APIs

Isotretinoine – spontaneous abortion, CV disorders, small ears, hydrocephalus

## Pregnancy

#### •FDA

- A safe drugs (human/animal experients)
- B do not cause teratogenity in animals, human n.d.
- C no experiences in humans or animals
- D teratogenity is proved, but it can be applied considering the risk/benefit
- X teratogenity is proved, but risk/benefit should be considered; likelyhood of risk is higher



 Drugs are foreign substances for the body (xenobiotics) what should be eliminated.

metabolism accelerates the excretion, because the polarity of the metabolites increase

 during the metabolism, APIs lose or decrease their effect or increase in effect can be observed.
In this case we can talk about prodrugs or active metabolites.



metabolism can increase the toxicity of the API

liver plays the main role in the metabolism, other organs: lungs, kidneys, skin have secondary role.



- (1) Phenobarbitale (PB) type
- (2) Polycyclic (PC) aromatic type
- (3) Ethanol type
- (4) Glucocorticoid type

(5) Autoinductors – carbamazepine, cyclophosphamide



Allopurinol, cimetidine, carbidopa

### **Stereoselective metabolism**

## R - warfarin- quicker eliminationS - warfarin- 5 x effective

I - hexobarbital - quicker elimination d- hexobarbital

R- ibuprofen S- ibuprofen - 160 x effective



## I. phase metabolism

- microsomal oxidation
- non microsomal oxidation
- reduction
- hydrolysis
- hydratation
- isomerisation
- various reactions

## II. phase – conjugation

 These reactions increase the water solubility of the metabolites of the I. phase reactions, thus accelerating the last step of LADME system, the excretion.

• e.g.: glucuronide conjugation

#### **Enterohepatic circulation**





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## Elimination

- Definition:
  - Elimination contains processes that reduce the concentration of the API in the fluid compartments of the body and the API becomes inactive.

**Definition:** 

Excretion is a process that evacuates both the unmetabolised API and its metabolites from the body.

Characteristics

APIs and metabolites have to cross membranes similarly to the absoprtion, thus the same physicochemical characters influence the excretion and the absorption.

In case of exretion the role of the active transport is much higher than in case of absoprtion.

The kidney is the key organ for the excretion, important role has the bile, smaller roles: lungs, salivary glands, sweat glands and mammary glands.

# Kidney

Microscopical investigation shows a complex vascularisation and tubular structure which constitutes the kidney's basic structural unit called: nephron.



# Nephron

- The nephron begins with the glomerulus which is sorrounded by a double layer capsule called Bowman's capsule. Bowman's capsule continues in the tubular structure.
- The glomerulus and Bowman's capsule is called together the Malpighi-body.



## Malpighi body



## Excretion via kidneys

- Glomerular filter only allows molecules to be filtered below 5.000 dalton, between 5.000 and 50.000 it is restricted, above 50.000 it is impossible.
- Molecular weight of the smallest protein is around 70.000 dalton.
- Only free circulating APIs (not bound to proteins) can be filtered glomerulally.

#### **Excretion via kidneys**

PH of the urine in the tubules (which is between pH 4.5-8) influences the API's reabsoprtion.

• Acidic pH inhibits, alkalic pH increases the reabsoprtion of alkalic APIs. This phenomenon is used in the practice when applying  $NH_4CI$  to enforce the urination of overdosed alkalic compounds.

Urination of overdosed acidic compounds can be enforced by NaHCO<sub>3</sub>.

#### Urinary acidifiers

- Ammonium-chloride
- Salicylates
- Ascorbic acid
- Cyclamate

### Urinary alkalizers

- Sodium-bicarbonate
- Antacids
- Acetazolamide
- Sodium glutamate
- Thiazide-type diuretics

#### Excretion via the bile

Daily arounf 1 I bile is excreted in the duodenum. Molecules with molecular weight higher than 1000 do not excrete via bile.
Enterohepatic circulation

Substances that increase the secretion of the bile, also increase the excretion of APIs.

## Excretion via the bile

 Substances containing –OH and/or =O groups in heterocyclic compounds, also molecules containing sugar can be excreted via the bile.



## Substances excreted via the bile

- Bile acids
- Ionised fraction of penicillin
- Steroid hormones (partially)
- Tetracyclines
- Streptomycine
- Erythromicine
- Furosemide
- Quinidine
- Doxorubicine

Excretion via lungs



Gases and other volatile substances and also alcohol can be excreted via lungs. No special transport mechanism exist in the lungs, only the alveolar partial pressure determines the excretion.

The excretion thus occurs by the rules of passive diffusion.

Increasing the circulating blood volume or taking deep breath can increase the excretion.

#### **Excretion via humour**

APIs and/or their metabolites can excrete via the sweat, saliva and other humour. In these cases passive diffusion is the power of excretion.

## Excretion via the saliva

- Mercury (stomatitis mercurialis)
- Saccharine
- Lithium
- Lots of APIs appear in the saliva in the same concentration as the blood which helps to monitor these substances without blood monitoring.

## Excretion via the skin

- Sodium chloride, carbamide (urea), uric acid are excreted via the skin in the sweat
- Other substabces exreted via the skin
  - Bromide salts
  - Essential oils (onion, garlic)

## Excretion via breast milk

- Passive diffusion
- pH (milk is more acidic than the blood)
  - Weak bases' concentration is higher in the milk
  - Weak acids' concentration is lower in the milk

## Thank you for your attention!